**Lap 1 – General Psychology and Methods**

**Review Guide**

To be successful on your Lap 1 test be able to answer the following questions:

1. What is psychology?
2. What are the seven approaches of psychology?
3. What are the steps of the scientific method?
   * Be able to draw the process.
4. What are the four goals of psychology?
5. What method of study did Wundt develop to collect information about the mind?
6. Compare and contrast functionalism and behaviorism.
7. What are two ways that a researcher can avoid a biased sample?
8. When do researchers use naturalistic observation?
9. How does a self-fulfilling prophecy present a problem for researchers?

Be able to define the following terms:

1. Physiological
2. Cognitive
3. Psychology
4. Hypothesis
5. Theory
6. Basic Science
7. Applied Science
8. Scientific Method
9. Sample
10. Naturalistic Observation
11. Case study
12. Survey
13. Longitudinal Study
14. Cross-Sectional Study
15. Correlation
16. Variable
17. Experimental group
18. Control group
19. Self-fulfilling prophecy
20. Single-blind experiment
21. Double-blind experiment
22. Placebo effect

Be able to describe the following:

1. Structuralist
2. Introspection
3. Functionalist
4. Psychoanalyst
5. Behaviorist
6. Humanist
7. Cognitivist
8. Psychobiologist